

# ***New! Evening Open Gym Schedule***

**Starting September 18<sup>th</sup> 5pm – 8pm**

**Tuesday - (Volleyball ) Lehi Gymnasium**

(Net will be set at ADULT height)

**Wednesday - (Volleyball) Salt River Gymnasium**

(Net will be set at YOUTH height)

**Thursday - (Basketball) Lehi Gymnasium**

**Saturday - 11am – 2pm(Basketball) Salt River Gym**

**Note:** Once leagues & tournaments begin  some days will not be available for open gym and will be posted in gymnasiums and on Rec Website.

**Lunch time open gym Mon-Thurs: 11:30am – 1:30pm SR Gym**

**For team practices please contact Rebecca Makil @ 480.362.7336 or more information on open gym contact Mike Douglas @ 480.362.5770**